



Aquasonics Artistic Swim Club

Every athlete and parent or guardian are members of the Aquasonics and are important representatives of our Club. All members agree to do their best to respect peers, coaches, officials, the rules of the sport, and property. The Club's expectations for members are listed below as a Member Code of Conduct and Member Rules and Regulations.

ATHLETE CODE OF CONDUCT

RECREATIONAL ATHLETES

1. I will be respectful and kind to my coaches and other athletes.
2. I will listen to my coaches and try my best.
3. I will keep myself safe and help to keep others safe.
4. I will be fair and honest.

MEMBER RULES AND REGULATIONS

(SIMPLIFIED FOR RECREATIONAL ATHLETE)

1. Athletes who are not cooperating with their coach or who disrupt practice will be instructed by the coach to sit out. The coach will notify the parents as soon as the practice is over.
2. If an athlete will be absent from practice for any reason, coaches must be notified in advance by phone or email.
3. Coaches must be notified when an athlete is sick, injured or suffering from an emotional upset that could affect their training. It is the parents' responsibility to communicate with the coach.
4. Coaches have the authority to manage the behaviour of athletes during training in order to ensure positive and appropriate conduct of the athletes.
5. Parents will not be allowed on the pool deck during practices and should not communicate with their child or the coach during practices, as it disturbs the training session.
6. It is the parents' responsibility to pick up their child promptly at the end of the practice. Punctuality is essential. The Club and the coach are not responsible for the athlete once practice has ended.
7. Athletes and parents must keep current with Club communication via email or through the coach.
8. The following procedure must be followed if you have a concern:
 - a. Discuss the situation with the coach. Do not discuss the issue with others.
 - b. If you are not satisfied with the outcome, discuss the situation with the Club President or Administrator.
9. Infractions of the Code of Conduct or Member Rules and Regulations will be dealt with through the disciplinary policies and procedures, and may result in dismissal from the club.

Dated _____ Athlete Name _____

Guardian Name _____ Signature _____